



SPORT AND RECREATION VICTORIA FEMALE FRIENDLY SPORTS INFRASTRUCTURE GUIDELINES

‘Gender equality in sport and active recreation, whether it is viewed through a leadership or a participation lens, will not be achieved by doing the same things the same way as they have been done in the past’.

2015 Victorian Enquiry into Women and Girls in Sport and Active Recreation

COMPLETED: JUNE 2016
CLIENT: SPORT AND RECREATION VICTORIA

The Female Friendly Sports Infrastructure Guidelines aim to address the barriers experienced by women and girls in sporting environments through driving change in the physical design of facilities, leading to increased female participation and shifting the culture surrounding sport and active recreation environments.

The Guidelines are the first in Australia to address change in sports infrastructure to better support and encourage female participation and use. The Guidelines were developed in partnership with Victoria University’s Institute Sport, Exercise and Active Living and included key sport, government and industry stakeholder involvement.

KEY HIGHLIGHTS:

- Extensive evidence based global research on barriers to female participation.
- Engagement with state, regional and local government agencies, sporting bodies and regional sporting leagues and associations and facility management organisations.
- Recommendations on how to increase female participation based around the three key themes of **facility planning and design**, **maximising use** and **policy that drives change**.